

BLOOD DONATION ELIGIBILITY GUIDELINES

GENERAL REQUIREMENTS

Age: Be at least 17 years old

Weight: At least 110 pounds

Diet: A well balanced meal is recommended within four hours of donation

Health: General good health; feeling well on day of donation

Identification: Valid identification such as a driver's license, state identification card, passport, other photo ID, etc.

DO NOT DONATE IF ANY OF THE FOLLOWING APPLIES TO YOU

You are a man who has had sex with another man even one time since 1977.

You are a past or present intravenous drug abuser.

You are a man or woman who has given or received money or drugs for engaging in sex since 1977.

You are a person with hemophilia who has received clotting factor concentrates.

You have been a sexual partner of any of the above, within the past 12 months.

DO NOT DONATE IF ANY OF THE FOLLOWING APPLY TO YOU

AIDS: You are a person with symptoms or laboratory evidence of HIV infection.

Cancer: Hodgkin's Disease, Leukemia, Lymphomas

Hepatitis: A history of the disease at the age of 11 & over, or a positive lab test for the virus

Organ Failure: Kidney, lung, or liver failure

Recreational Drug Use (by injection): Having injected yourself with drugs not prescribed by a physician

United Kingdom: You have visited or lived in England, Scotland, Wales, Northern Ireland, Isle of Man, Channel Islands, Gibraltar or Falkland Islands for a total of 3 months or more from 1980 thru 1996.

Europe: If you have spent a cumulative of 5 years or more anywhere in Europe since 1980.

U.S. Military/Dependents/Civilian Military Employee: If you have spent a cumulative of six months or more in the following countries: From 1980 through 1990, on a military base in Belgium, the Netherlands, Germany; From 1980 thru 1996, on a military base in Spain, Portugal, Turkey, Italy, or Greece.

Travel: Travel to certain countries with malaria risk may temporarily restrict you from donating blood. Please call (312)-996-1344 to learn more.

YOU MAY NEED TO WAIT BEFORE DONATING BLOOD IF YOU HAVE ANY OF THESE CONDITIONS

AllergyNo wait

Abortion/Miscarriage6 week wait if pregnancy terminated in 3rd trimester, otherwise no wait

Alcohol Consumptionno wait unless intoxicated

Anemia (past diagnosis)no wait if corrected

Blood Donation, Apheresis72 hours

Blood Donation, Whole Blood . . .8 weeks

Colduntil well, no symptoms

Coughuntil well, no symptoms

Diabetesacceptable if medically controlled

Ear and Body piercing12 months

Gonorrhea12 months

Heart Disease:acceptable if no physical limitations

Angina or Heart Attack (MI).free of event for one year and free of physical limitations

Hepatitis Contactif sexual contact, defer 12 months

HerpesFree of fever/systemic symptoms

High Blood Pressure.must be <180/<100

Immigration from malarial area . . .3 years

Malaria3 years

Pregnancy6 weeks after delivery

Recent Surgerywhen healed and released from MD's care

Sore Throatuntil well, no symptoms

Syphilis12 months

Tattoo12 months

Travel to malarial area12 months

IMMUNIZATIONS/VACCINES (SHOTS)

Flu/Pneumonia, allergy shots . . .No Wait

Hepatitis ANo wait

MMR (Measles,

Mumps, Rubella)4weeks

Tetanus, Pertussis, Diphtheria,

Typhoid, and CholeraNo wait

TB Skin testno wait if no redness or swelling

Yellow fever and Oral Polio2 weeks

Varicella (Chicken Pox)4 weeks

MEDICATIONS (FOR WHOLE BLOOD AND PLATELET DONORS)

Accutane, Proscar, Propecia . . .wait 30 days after therapy complete

Antibiotics72 hours after last dose if for infection, if for acne or prophylactically, no wait

Tegison, Human Growth

HormonePermanently Deferred

Bovine or Beef Insulin.Indefinitely Deferred

Soriatanewait 3 years after last dose

AvodartWait 6 months after last dose

HBIG (Hep B Immune

Globulin-given after exposure to

Hepatitis B).Wait one year after treatment

Coumadin and HeparinShould not donate until off these medications

MEDICATIONS (FOR PLATELET DONORS ONLY):

Aspirin, Plavix, Ticlid, and Dipyridamole: Wait 48 hours after last dose

Blood Donor Center (MC 750)
1740 West Taylor Street, Suite 1106
Chicago, Illinois 60612
(312)-996-1344

When you save at our bank,
YOU SAVE A LIFE.

