



University of Illinois Hospital – Garden Cafe



SUNDAY
October 15th
CHICKEN CACCIATORE

House-Made Soup
Summer Corn Chowder



Vegetarian
Eggplant Parmesan



Chef's Prime Cuts
Salisbury Steak

Chicken Done Right
Chicken Cacciatore

On the Side

Wild Rice
Mashed Potatoes
Green Beans
Buttered Corn

October is
National
Pasta
Month !



MONDAY
October 16th
WORLD FOOD DAY



House-Made Soup

Tomato Basil Bisque
Lemon Chicken Rice
Beef Chili
Vegetable Chili

From the Garden
Penne Marinara with
Mushrooms &
Spinach

Chef's Prime Cuts
Beef Tips with
Mushrooms

Chicken Done Right

Tandoori Chicken

Fresh Catch
Cajun Catfish

On the Side
Spanish Rice

Roasted Garlic
Potatoes

Sweet Buttered Corn

California Blend

TUESDAY
October 17th
NATIONAL PASTA DAY



House-Made Soup

Beef Vegetable
Creamy Mushroom
Beef Chili
Vegetable Chili

From the Garden
Vegetarian Lasagna

Chef's Prime Cuts
Grilled
Pork Chop

Chicken Done Right

Chicken Cordon Bleu

Fresh Catch
Seared Salmon
with Dill Sauce

On the Side
Fettuccine
Roasted Rosemary
Potatoes

Buttered Peas

Creamed Spinach

WEDNESDAY
October 18th
CHOCOLATE CUPCAKE DAY



House-Made Soup

Chicken Rice
Cream of Broccoli
Beef Chili
Vegetable Chili

From the Garden
Garbanzo, Sweet
Potato & Spinach
Stew

Chef's Prime Cuts
BBQ Rib Tips

Chicken Done Right

Oven-Baked
Herb Chicken

Fresh Catch
Grilled Arctic Char
with Pineapple Salsa

On the Side
Confetti Rice

Au Gratin Potatoes

Honey Glazed
Carrots

Mustard Greens

THURSDAY
October 19th
SEAFOOD BISQUE DAY



House-Made Soup

Seafood Bisque
Autumn Vegetable
Beef Chili
Vegetable Chili

From the Garden
Tortellini with
Spinach, Tomato &
Lemon Cream

Chef's Prime Cuts
Housemade
Meat Loaf

Chicken Done Right

Chicken Carbonara

Fresh Catch
Old Bay Rubbed
Tilapia

On the Side
Wild Rice

Salt & Pepper
Baked Potatoes

Green Beans

Mixed Vegetables

FRIDAY
October 20th
MAMMOGRAPHY DAY



House-Made Soup

Tomato Florentine
New England
Clam Chowder
Beef Chili
Vegetable Chili

From the Garden
Zesty Orange
Vegetable Stir-Fry

Chef's Prime Cuts
Beef Fajitas

Chicken Done Right

Green Curry Chicken

Fresh Catch
Snapper Veracruz

On the Side
Spanish Rice

White Beans

Spanish Vegetables

Mexican Vegetable
Medley

SATURDAY
October 21st
PUMPKIN CHEESECAKE DAY

House-Made Soup
Creamy Cauliflower



Vegetarian
Vegetable Lasagna

Chef's Prime Cuts
Beef Tacos

Chicken Done Right
Plum Chicken

On the Side
Steamed Red
Potatoes
Spanish Rice

Green Beans

Buttered Carrots



October is
National
Bullying Prevention
Month !

Weekday Hours: MONDAY-FRIDAY: Breakfast 6:30-10:00am, Limited Menu: 10:00am-10:45am, Lunch: 10:45am-2:00pm, Limited Menu 2:00pm-3:45pm, Dinner: 3:45-7:00pm **Check us out online** <http://hospital.uillinois.edu/Documents/GardenCafe/menu.pdf>

Weekends & Holidays: Breakfast: 7am-10am. Limited Menu 10-10:45am: Lunch: 10:45-2:00pm. **NOTE: Daily menus may be adjusted due to department need**