



## UI HEALTH LACTATION SERVICES

# Compassionate, expert support for every feeding journey

Our lactation specialists provide gentle, judgment-free care to help you feel confident and supported, whether you are breastfeeding, pumping, or bottle-feeding.

### WE CAN HELP WITH:

- Latching or positioning issues
- Pain or soreness
- Low milk supply
- Pumping or returning to work
- Combination or bottle-feeding
- General feeding questions and reassurance

Our board-certified lactation consultants and registered nurses offer personalized visits and follow-up care that are tailored to your family's needs and goals. Telehealth appointments may be available.

### BEFORE YOU GO HOME:

If you received inpatient care, ask your care team about scheduling an outpatient lactation visit before discharge. Support continues after you leave the hospital, and we are here to help you every step of the way.

### HOW TO SCHEDULE AN APPOINTMENT:

Ask your OB-GYN, Family Medicine, Internal Medicine, or Pediatric provider for a referral. Please ask your provider for an Ambulatory Referral To Breastfeeding Medicine (South Loop Physicians Group).

Medicaid covers lactation services. Other insurance coverage may vary. Please call to verify.



**Phone number:** 312.492.0085



### South Loop Physicians Group

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