

DIABETES WELLNESS EDUCATION CENTER

University of Illinois Hospital & Health Sciences System – January 2018

Nutrition and Wellness Center 1801 W. Taylor Street, Room 1C Chicago IL 60612 Call 312-413-3631 to make your appointment today

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
YOUR DIABETES TEAM IS: Kat Koller RD, LDN, CDE Christina Moy RN, CDE Rossana Espinoza RN, CDE Shiyun Kim PharmD, CDE			8:30-10a Diabetes 101 10:30-12a What to Eat	1-2p Diabetes and Pregnancy		
			8:30-10a Diabetes 101 10:30-12a What to Eat	8:30-10a Diabetes 101 (SPANISH) 10:30-12p Que Hay Para Comer? (SPANISH) 1-2p Diabetes and Pregnancy		
	HOLIDAY- CLINIC CLOSED	1-2:30p What's to Eat	8:30-10a Diabetes 101 10:30-12a What to Eat	1-2p Diabetes and Pregnancy		
		1:30-3p Diabetes 101 (SPANISH) 3-4:30p Que Hay Para Comer? (SPANISH)	8:30-10a Diabetes 101 11a Diabetes and Emotions 10:30-12a What to Eat	1-2p Diabetes and Pregnancy		
		1-2:30p What's to Eat	8:30-10a Diabetes 101 10:30-12a What to Eat			