





DIABETES WELLNESS EDUCATION CENTER

University of Illinois Hospital & Health Sciences System – November 2017

Nutrition and Wellness Center 1801 W. Taylor Street, Room 1C Chicago IL 60612 Call 312-413-3631 to make your appointment today

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
YOUR DIABETES TEAM IS: Brian Layden, MD Dan Mihailescu, M.D			1 8:30-10a Diabetes 101 10:30-12a What to Eat	2 1-2p Diabetes and Pregnancy	3	4
Kat Koller, RD LDN, CDE Christina Moy RN, CDE	6 8:30-9:30a Advanced Carb Counting 10-11:30a Intro to Insulin Pumps and CGMS	7 1-2:30p What's to Eat	8 8:30-10a Diabetes 101 10:30-12a What's to Eat	9 8:30-10a Diabetes 101 (SPANISH) 10:30-12p What's to Eat (SPANISH) 1-2p Diabetes and Pregnancy	10	11 
Rossana Espinoza, RN BSN CDE Shiyun Kim, PharmD, CDE	13	14	15 8:30-10a Diabetes 101 10:30-12a What to Eat	16 1-2p Diabetes and Pregnancy	17	18
19	20 8:30-9:30a Advanced Carb Counting 10-11:30a Intro to Insulin Pumps and CGMS	21 1-2:30p What's to Eat	22 8:30-10a Diabetes 101 11-12p Diabetes & Emotions 1-2:30p What to Eat	23 HOLIDAY	24 	25
	27	28 1:30-3p Diabetes 101 (SPANISH) 3-4:30p What's to Eat (SPANISH)	29 8:30-10a Diabetes 101 10:30-12a What to Eat	30 1-2p Diabetes and Pregnancy		