What are the hospital policies regarding COVID?

- All patients being admitted to the hospital will have a COVID test on admission. Patients scheduled for inductions of labor will have a pre-procedural test 2 days prior.
- COVID negative laboring patients can have 2 visitors at a time. In addition to your 2 visitors, you may have a doula present if planning to utilize one. Doulas must be certified and be prepared to show proof of certification and vaccination.
- COVID positive laboring patients will be allowed 1 visitor during labor and on the postpartum unit. This visitor must be the same person the whole time.
- Visitors must be 16 years or older. Exceptions may be granted by clinical leadership for visitors under the age of 16 who are accompanied by an adult. Visitors will be screened for COVID-19 symptoms and contact with individual confirmed to have COVID-19. Anyone showing signs of illness during screening or visitation will not be allowed to visit or accompany the patient.
- All Visitors are required to wear a procedure mask or a 2-ply cloth mask covering the nose and mouth, and follow all infection prevention rules and instructions provided by staff. Ventilated masks and neck gaiters do not provide the required protection and are therefore not acceptable masking options. Masks will be provided at all entry points and must be always worn upon entering the hospital or care areas.
- For the Neonatal Intensive Care Unit (NICU), admitted patients who are COVID negative can visit their baby in the NICU. One additional visitor will be provided a wrist band for entrance to the NICU. NICU visitors must be asymptomatic and confirmed negative for COVID-19. The negative COVID-19 test must be completed biweekly. Fully vaccinated individuals are exempt from testing.

Should I call before I arrive to the Obstetric Emergency Department (OB ED) or Labor and Delivery (L&D)?

- It can be helpful to speak to a provider before arriving to the hospital. You can be provided recommendations regarding the need to be seen and when to arrive. You can speak to a midwife or doctor by calling
312-996-4175. Provide your name, date of birth, and whether you are seen by a doctor or midwife.

Where do I go if I'm in labor or need to be seen urgently?

- You will enter through the UI Hospital emergency room. You will then be directed to the 4th floor to the OB ED. Your visitor will be asked to wait in the waiting room during the initial screening upon arrival to OB ED. After the screening, your visitor may join you in the OB ED room and L&D if you are admitted.

Where can I park?

- You may park in either the Paulina Lot or Wood Street Garage.
- Validation for parking is provided by the front desk in the hospital lobby.
- Validation will reduce the parking rate to $7, but you have to pay at the exit with the cashier to receive this rate.

When are visiting hours?

- Visiting hours are 24/7 on L&D. New visitors are allowed entrance prior to 8:30PM for postpartum and NICU units. One visitor is allowed to stay overnight on postpartum and antepartum units. No visitors are allowed in the OB emergency room if the patient is positive for COVID.

When will I be discharged?

- Patients having undergone an uncomplicated vaginal delivery may be discharged 24-48 hours after delivery. 24 hours is the minimum due to newborn testing that occurs at 24 hours of life.
- Patients who had a delivery with complications such as Hypertension or PreEclampsia may stay up to 3 days.
- Patients who received a cesarean section are typically discharged after 3-4 days.

Can I video record my birth? Can I FaceTime?

- Video recording is not allowed per hospital policy. You can take pictures but not record the birth. You may FaceTime.

Do you offer a tour of L&D?

- We do not currently offer a tour of the unit due to COVID restrictions.