

UIH Family Birth Place Frequently Asked Questions

What are the hospital policies regarding COVID?

- Masks are required for all patients and staff.
- If you are asymptomatic, you may have 2 visitors at a time. In addition to your 2 visitors, you may have a doula present if planning to utilize one. Doula's must be certified and be prepared to show proof of certification and COVID vaccination.
- COVID positive laboring patients will be allowed 1 visitor during labor and on the mother/baby unit. This visitor must be the same person the whole time.
- Visitors will be screened for COVID-19 symptoms and contact with individuals confirmed to have COVID-19. Anyone showing signs of illness during screening or visitation will not be allowed to visit or accompany the patient.
- For the Neonatal Intensive Care Unit (NICU), admitted patients who are asymptomatic can visit their baby in the NICU. One additional visitor will be provided a wrist band for entrance to the NICU.
- No visitors are allowed in the Obstetric Emergency Department (OB ED) if the patient is positive for COVID.

Should I call before I arrive to the OB ED or Labor and Delivery (L&D)?

- It can be helpful to speak to a provider before arriving to the hospital. You can be provided recommendations regarding the need to be seen and when to arrive. You can speak to a midwife or doctor by calling 312-996-4175. Provide your name, date of birth, and whether you are seen by a doctor or midwife.

Where do I go if I'm in labor or need to be seen urgently?

- You will enter through the UIH emergency room. You will then be directed to the 4th floor to the OB ED. Your visitor will be asked to wait in the waiting room during the initial screening upon arrival to OB ED. After the screening, your visitor may join you in the OB ED room and L&D if you are admitted.

Where can I park?

- You may park in either the Paulina Street Lot or Wood Street Garage.
- Validation for parking is provided by the front desk in the hospital lobby.
- Validation will reduce the parking rate to \$7, but you have to pay at the exit with the cashier to receive this rate.

- You can purchase a parking pass for \$25 that allows you to enter and exit the garage as frequently as you choose to for up to 7 days.

What are the hospital policies regarding visitors?

- Visiting hours are 24/7 on L&D for anyone older than 18 years old.
- You may have 2 visitors at a time from 10:00AM-7:00PM on the mother/baby unit.
- One visitor over the age of 18 is allowed to stay overnight on mother/baby and antepartum units.
- Children ages 2 and older accompanied by an adult are allowed to visit on the mother/baby unit if they are the children of the patient or the partner/father-of-baby/mother-of-baby.
- Visiting hours are 24/7 in the NICU. 2 people can visit within the NICU as long as 1 of them is assigned a wrist band.
- Siblings 3 years and older with vaccination records may visit the NICU between 10:00AM-7:00PM, with a maximum of 3 people at the bedside during that time.

When will I be discharged?

- Patients having undergone an uncomplicated vaginal delivery may be discharged 24-48 hours after delivery. 24 hours is the minimum due to newborn testing that occurs at 24 hours of life.
- Patients who had a delivery with complications such as Hypertension or PreEclampsia may stay up to 3 days.
- Patients who received a cesarean section are typically discharged after 3-4 days.

Can I video record my birth? Can I FaceTime?

- Generally, video recording, photography, and video chatting are allowed per hospital policy with consent of laboring patient and hospital personnel. This can be limited or stopped by healthcare staff if it interferes with patient care or deemed necessary, including but not limited to emergencies. Video of hospital personnel or other patients is not allowed.

Do you offer a tour of L&D?

- We offer a tour as part of our prenatal education classes. You can register using our website for the second class of the month which also includes postpartum and newborn care topics. <https://www.signupgenius.com/go/10c084fabac2da2fecf8-uihprenatal#/>