MEET OUR PHYSICIANS

Thomas Stamos, MD
Director, Heart Failure Program;
Associate Professor of Medicine
Dr. Stamos is a non-invasive cardiologist specializing in echocardiography and heart failure. He has a special interest in the investigation of individual ancestry as a predictor of response to heart failure therapy, and the use of pharmacogenomics for personalizing heart failure care. Dr. Stamos is an active participant in numerous trials investigating novel therapies and diagnostic strategies in patients with congestive heart failure. His research interests include the study of novel pharmacologic agents for the treatment of heart failure and risk prediction in heart failure patients using non-invasive imaging techniques.

Joan Briller, MD
Dr. Joan Briller has had lifelong interest in women’s issues in cardiac disease, particularly related to the diagnosis and treatment of heart disease during pregnancy, and prevention and treatment of cardiac disease in women.

Ankit Desai, MD
Dr. Ankit Desai specializes in the care of patients with pulmonary hypertension, heart failure, and also specializes in the care for patients with sickle cell anemia who suffer cardiovascular disease.

Christopher Gans, MD
Dr. Christopher Gans focuses on acute and long-term management of heart failure. His research interests include cutting-edge therapies for heart failure and his recent work details the electrophysiologic effects of stem cell transplantation.

Mayank Kansal, MD
Dr. Mayank Kansal specializes in multidisciplinary heart failure management and genetic cardiomyopathies, as well as speckle strain echocardiography in detecting preclinical disease and 3D echocardiographic imaging.

about the UI HEALTH SYSTEM HEART FAILURE PROGRAM

The University of Illinois Hospital & Health Sciences System Heart Failure Program provides outstanding patient care while developing and applying cutting-edge technology and treatment approaches. We use a multidisciplinary disease management approach to the care of patients with early to advanced stage heart failure. Our program strives to meet our patients’ medical and non-medical needs by employing a team of nurses, nurse practitioners, pharmacists, social workers and physicians trained in the management of heart failure. Our comprehensive inpatient program ensures that heart failure patients receive the highest quality, most cost-efficient care. Highlights of our inpatient program include:

- Access to advanced treatment options;
- Intensive patient education with special emphasis on adherence and self-care management;
- Multidisciplinary approach to our patient care;
- Early follow-up after discharge through clinic visits, home-based visits, and telephone support;
- Psychosocial support to patients and their families and caregivers.

We use the most advanced technology and treatment in our patient care and also pursue an active research program in both clinical and translational sciences. Our group is currently pursuing a pharmacogenomics approach in an effort to provide personalized heart failure therapy.

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